

Skill

I agree with _____, _____
because...

Respectfully state the person's name

Do you have evidence?
Is this an opinion or feeling?

I disagree with _____, _____
because...

Respectfully state the person's name

Do you have evidence?
Is this an opinion or feeling?

Could it also be that...

Be open to hearing that someone may not see things the same way you do.

So _____, what I hear you saying is...

Respectfully state the person's name

Restate what you heard. Give the other person time to make clarifications.

My partner, _____, said...

Respectfully state the person's name

Kindly restate what you heard them say.

_____, could you explain what you mean?

Respectfully state the person's name

Listen to what they say.

_____, what evidence makes you think that?

Respectfully state the person's name

Listen to what they say.

Thank you for sharing your thoughts, _____.

Respectfully state the person's name

Say something nice about what they shared.